

MITCHELSTOWN PARISH & COMMUNITY NEWSLETTER

There will be an opportunity for groups to avail of **AUTOMATIC EXTERNAL DEFIBRILLATOR (AED) AND CRP TRAINING**; this will be open to both new participants and people who have previously trained in AED. Irish Heart Foundation Certified for 2 years. The course includes training for basic life support in an event of a cardiac emergency, AED training (Automatic External Defibrillator), adult, Infant and child C.P.R., adult infant and child relief of choking in a conscious or unconscious state and also a safe position for recovery for an unconscious casualty who is still breathing and finally the administration of Aspirin. **The training will take place on Saturday 2nd October in Mitchelstown and will be a full day training course.**

Total Cost per Person € 55.50 Plus 10 euro deposit that is refundable on the day. To book a place, contact Sadie Allen, Community Development Officer.
Tel: 025 85213 Email: sallen@ballyhoura.org

Ballyhoura Macra Na Feirme

Following the recent A.G.M. in The Firgrove Hotel, Mitchelstown the following officers were elected: President: John S. Roche; Chairperson: Dan Hennessy; Secretary: Gráinne Ni Dhuinnín; Treasurer: Maria Roche; PRO: Caitríona Fox. Vice-chair: Dan O'Connell; Assistant Secretary: Denise Coffey; Assistant Treasurer: Aisling Ahern; Assistant PRO: Sinead Palmer. Ordinary Committee member: Cora Lee.

Sub-committees: Agricultural Officers: Liam Mc Donald & Michael J. O'Regan. Sports Officers: Dan O'Connell, Mark Hannon & Jason O'Dwyer. Social Activities Officers: Evelyn Drake and Jim Lillis. Regional/County Delegates: Dan O'Connell & Mark Hannon.

Sincere thanks to everyone who attended our A.G.M. and thanks to The Firgrove Hotel for facilitating us. Anyone interested in joining this extremely active local Macra club please contact Gráinne on 087-7799218 or e-mail ballyhouramacra@o2.ie

A five week Course where you can learn through a practical approach how to look after your own and your family's health and wellbeing will be held in the Ozanam Resource Centre, Mitchelstown **starting Tuesday 28th. September at 8.00 pm.** You will learn to: relieve a tension headache and stimulate healthy hair growth, relieve muscular tension in the back, neck and shoulders, work the reflexes on the feet to relieve a number of conditions, perform a facial and keep your skin looking healthy and glowing.

OTHER COURSES: Style on a Budget: is a four week course which will cover Skin Care, Day and evening Make-up, Colour therapy and the magic of accessories. Individual makeovers will be given. **The Course starts on Wednesday night 29th. September at 7.30 pm.**

Cookery Course: A Cookery Course with the emphasis on the practical side of cooking and baking will start on **Wednesday night 29th. September** at the Ozanam Centre, and runs for eight nights.
Bookings to 025 84733 or call to the Ozanam Resource Centre, Mitchelstown

TRUST IN GOD:

It was with great disappointment that we learned of the postponement of the opening of the Aldi Distribution Centre last week. The announcement stated it will not now open before 2013. It had been the hope of the community, that it would give back some of the much needed employment to the area.

I can only think of the words of the Prophet Jeremiah: "A curse on the man who puts his trust in man". The plans and promises of man are unreliable. A few lines on, the same Prophet says: "A blessing on the man who puts his trust in the Lord, with the Lord for His hope" (Jeremiah 17:5-10).

So while we will have to look at that enormous creation empty for the next few years in Coolanave - we will trust and pray that God has greater plans for us.

Fr. Michael

ONE SOLITARY LIFE

He was born in an obscure village, the child of a peasant woman.
He grew up in another obscure village, where He worked in a carpenter shop

until He was thirty. He never wrote a book, He never held an office.

He never went to college, He never visited a big city.
He never travelled more than two hundred miles from the place where He was born. He did none of the things usually associated with greatness.

He had no credentials but Himself.

He was only thirty three, when public opinion turned against Him.

His friends ran away, One of them denied Him.

He was turned over to His enemies, and went through the mockery of a trial

He was nailed to a cross between two thieves
While dying, His executioners gambled for His clothing, the only property He had on earth. When He was dead, He was laid in a borrowed grave, through the pity of a friend.

2000 years have come and gone. And today Jesus is the central figure of the human race. And the leader of mankind's progress.

All the armies that have ever marched, All the navies that have ever sailed
All the parliaments that have ever sat, All the kings that ever reigned put together.

Have not affected the life of mankind on earth.

As powerfully as that **ONE SOLITARY LIFE**

Newsletter printed in the: **Parish Office, Convent Hill, Mitchelstown, Co. Cork.**

E-mail: mitchelstownparishoffice@eircom.net Phone or Fax: 025 / 84062

DEADLINE IS 12 NOON. WEDNESDAY

Open: 10 a.m. to 12 noon - Mon. to Fri.

CLERGY:

Rev. Fr. Fitzgerald P.P.
Phone: 025-84090
Canon O'Leary
Phone: 025-84088
Fr. Greene
Phone: 025-84077
Parish Office: 025-84062
Priest on Sick call this

week is:

**Canon O'Leary
Sick Call Contact
Phone Number:
087 - 2524979**

Happiness cannot be
travelled to, owned,
earned, worn or
consumed.

Happiness is the
spiritual experience of
living every minute
with love, grace and
gratitude.

**EUCARISTIC
HEALING HOUR OF**

ADORATION:

Every

Thursday night from
8 pm to 9 pm



CONFESSION TIMES:

Mitchelstown: Sat, Eves of Holydays & Eves of 1st Fridays.
12 noon to 1pm & 7pm to 7.30pm
Ballygiblin: 1st Friday 7 p.m.
Killacluig: before 1st Friday Mass.

MASS TIMES:

**CHURCH OF OUR LADY CONCEIVED WITHOUT SIN,
MITCHELSTOWN:**

Sat & Eve of Holyday: 7.30pm
Sunday & Holyday: 8.30am 10.30am 12 noon & 7.30pm
1st Friday: 7.30pm - Weekday: 8.30 a.m. & 10 a.m.
Morning Prayer in Parish Church: Mon. to Fri. at 8am
Rosary in Parish Church:

Mon. to Sat. at 9.45am Before: 10am Mass

Perpetual Adoration: Sunday 12.30pm & Saturday 7.00pm

CHURCH OF THE HOLY FAMILY, BALLYGIBLIN:

Sunday & Holyday: 9.30am - 1st Friday: 7.30pm
ST. JOSEPH'S CHURCH, KILLACLUIG:
Sunday & Holyday: 10.30am - 1st Friday: 8.15pm

**ST. FANAHAN'S COLLEGE
MITCHELSTOWN.**

TEL: 025-24314

**EVENING CLASSES - AUTUMN 2010
All classes take place Tuesday nights
7.30pm to 9.00pm**

	<u>Cost</u>
Computers For Beginners - 6 weeks	€ 90
Intermediate Computers - 6 weeks	€ 90
Beauty and Style with Marie - 4 weeks Starts Nov. 9th	€60
Novelty cake making - 6 weeks	€ 90
Conversational Spanish - 6 weeks	€ 90
Garden Design & Horticulture - 8 weeks	€110
Get in Shape - Fitness - 6 weeks	€90
Photography - 6 weeks	€ 90
Upholstery - 8 weeks	€110

**Enrolment Tuesday 5th October
7.00pm -8.30pm**

Classes commence Tuesday 12th October.

Only full payment of fees guarantees a class place.
Fees once paid are strictly non-refundable, unless a
class is not formed; in which case they will be returned
by post as soon as possible.

All sections of Mitchelstown Girl
Guides will resume after the summer break:
GALTEE LADYBIRDS: Friday October
1st from 7-8pm. Contact Elaine O'Brien
086-2101196

MITCHELSTOWN LADYBIRDS:

Tuesday October 5th from 6-7pm
Contact Sarah Walsh 087-3111803

GALTEE BROWNIES: Thursday 7th
October from 4-5pm. Contact Anne Murphy
087-7519265

MITCHELSTOWN BROWNIES:

Monday October 4th from 6-7pm
Please note change of day.

Contact Triona Fitzgerald 087-7517179.

MITCHELSTOWN GUIDES:

Wednesday 29th September from 6-7pm and
GALTEE GUIDES: Wednesday 29th from
7-8pm. Contact Liz Downes 087-7689875

SENIOR BRANCH: Wednesday 29th
September 7-8pm. Contact Jenna Hogg
087-6119882

KILBEHENNY LADYBIRDS: Already
started on Fridays 5-45 to 6-45pm
Contact Julia Rayner 087-6921192

KILBEHENNY BROWNIES: Friday
September 24th from 7-8pm. Contact Delia
McGrath 086-8864963

**BALLYGIBLIN COMMUNITY
DEVELOPMENT ASSOCIATION.**

GALA DAY THIS SUNDAY 26TH Sept.
1 p.m. to 5 p.m. in Ballygiblin G.A.A. Pitch.

On Saturday 16th October
Maire O'Keefe "Pure Beauty with Maire"
will hold a demonstration on the new
Autumn make up look, here in Tesco
Mitchelstown. **On Saturday 6th November**
from 11am to 3pm
Lunch 1pm to 2pm.
contact Liz Downes on 025-86015

**MITCHELSTOWN FLOWER & GARDEN
CLUB**

Meeting with Eileen Drinan on Jams, Jellies
and Preserves.
On the 30th Of Sept at 8 p.m.
In the Ozanam Centre.
Please note change of venue

BALLYHOURA DEVELOPMENT is offering **FETAC
Level 5 Leadership and Facilitation skills
training.** This course is 10 weeks in total, every
**Tuesday night 7pm-10pm commencing 28th
September, Mitchelstown. 75 euro per
person.**

To book a place contact: Sadie Allen,
Community Development Officer, Ballyhoura
Development, Baldwin St, Mitchelstown.
Tel: 025-85213

Due to huge demand for **Beginner's Computer
Course**, the Ozanam Centre will run an extra
Course on Tuesday mornings starting **Tuesday
28th. September at 10am.** Will run for six
sessions. Ring 025-84733 or call to the Ozanam
Resource Centre, Mitchelstown to book your
place.

MITCHELSTOWN MACRA:

Indoor Soccer continues in
St. Fanahan's Hall

At 8pm SHARP on **Tuesday September 28th.**
Everyone welcome.

Mitchelstown Macra's next meeting will
take place on Friday October 1st at 9pm in
The Firgrove Hotel, Mitchelstown.

We are holding a fundraising **TABLE QUIZ
in The Ramble Inn, Mitchelstown at 8pm**
on Thursday October 7th.

**Teams of 4 are €20.
Everyone welcome.**

For more info contact
Clodagh on 086-8961861. See
www.facebook.com/MitchelstownMacra