

**REMINDER - FAMILY
FOREST HUNT TODAY:**

Get ready for a great day of fun
on **THIS Sunday 23rd May.**

Mitchelstown Lions Club will
be running a

Family Forest Hunt

In Aid of the

**Jack & Jill Foundation &
Special Friends,
Mitchelstown.**

In Glengarra Woods

From 2 p.m. – 3.30 p.m.

In association with Cork
Orienteering Club.

For Forest walkers & everyone
else there is

Music, Food & Raffle

In the Bódhrán, Mitchelstown
from 5 p.m.

Fundraising Cards will be
circulated on the run up to the
day & donation buckets will be
available at Glengarra Woods &
in The Bódhrán

~So why not join us for a great day & a
very worthy cause~

ALCOHOLICS ANONYMOUS

Meetings held in

**Marian Hall, Convent Hill,
Mitchelstown**

EVERY TUESDAY NIGHT

@ 8.45 P.M.

&

EVERY SUNDAY MORNING

11.30 A.M. TO 12.30 P.M.

**Mitchelstown Citizens Information
Centre**

Marian Hall, Convent Hill, Mitchelstown

Tel: **025 / 84600**

E-mail: Mitchelstown@citinfo.ie

New Opening Times:

Monday, Tuesday, Thursday, Friday:

10 a.m. to 12 noon

Thursday 2 p.m. to 4 p.m.

Friday 7.30 p.m. to 9 p.m.

MITCHELSTOWN EXPRESS HEALTH

CHECK

The Livinghealth Clinic,
Mitchelstown in conjunction with four
of the town's Pharmacies is delighted to
inform the public of an exciting new
health promotion initiative taking place
in Mitchelstown which will see the
population of Mitchelstown and
surrounding areas being assessed for
conditions such as diabetes and high
blood pressure. The four Pharmacies
involved are Boots, Doody's,
Fitzgibbons and Abbey Pharmacy.

**The health checks will
commence from April 15th 2010 and
are free to the public. They will be
rolled out over a 3 monthly period,
involving 2 screenings a week on
Thursdays and Fridays, these
screenings will rotate between the
four named Pharmacies.**

Further details of health check
dates and times are available from the
above named Pharmacies or
alternatively www.livinghealth.ie

MITCHELSTOWN PARISH & COMMUNITY NEWSLETTER

Volume: 2

Issue: 2

Date: Sunday 23rd May 2010

FEAST OF PENTECOST

Today we worship in a special way the third Person of the Blessed Trinity, the Holy Spirit. As we worship the Holy Spirit, we must remember there also exists in the world the bad and Evil Spirit, the Devil or Satan.

A young woman amazed me during the week, when she said to me that until recently she never realised there was such a thing as an Evil Spirit. For many years she had lived a horrifically sinful life of self-indulgence and drugs. She was hell to live with, full of anger and aggression. Then one day in desperation she turned to Jesus. In the days that followed everything became clear to her and now she realises the existence of evil and she is able to make a proper choice for what is good and her whole life has changed.

The Epistle of St. John (chapter 3) tells us succinctly: "It was to undo all that the Devil has done that the Son of God appeared". This is a basic teaching of the Christian Gospel that we must remember on this Feast of Pentecost. We need to become aware again of why Jesus came into the world. It is only through Jesus, the Way, the Truth and Life that we can be saved from the false Spirit. We must renounce sin and evil and then and only then can the Holy Spirit dwell within us.

Fr. Michael

DIOCESE OF CLOYNE - CHILD PROTECTION POLICY STATEMENT

The Diocese of Cloyne recognises and upholds the dignity and rights of all children and young people and is committed to ensuring their safety and well being. The Diocese values and encourages the participation of children and young people in all parish liturgies and in all activities that enhance their spiritual, physical, emotional, intellectual and social development.

Above all, the Diocese recognises the need to protect children and young people and aims to do this in a way that promotes their human dignity, integrity and worth as children of God.

The Diocese recognises that, while child protection is primarily the responsibility of Parents, it is indeed everyone's responsibility. In particular, all involved in working with children and young people have a special duty of care towards them. The Diocese has committed itself to putting procedures in place through which this care is put into effect. In keeping with this, we will work to do all in our power to create a safe environment for children and young people in order to secure their protection and enable their full participation in the life of the Church.

MARY, THE LADY AND MOTHER OF ALL NATIONS:

MASS AND DEVOTIONS - PENTECOST SUNDAY MAY 23RD 2010

Venue: Dominican Church, Limerick City

Time: 3 p.m. – 5 p.m.

All are Welcome

Newsletter is printed in the

Parish Office, Parochial House, Convent Hill, Mitchelstown.

E-mail: mitchelstownparishoffice@eircom.net,

Phone or Fax: **025 / 84062** *Deadline is 12 noon. Wednesday*

Office Hours: 10 a.m. to 12 noon - Monday to Friday

CLERGY:

Rev. Fr. Fitzgerald P.P.
Phone: 025-84090
Canon O'Leary
Phone: 025-84088
Fr. Greene
Phone: 025-84077
Parish Office: 025-84062
Priest on Sick call this week is:
Fr. Greene C.C.
Sick Call Contact
Phone Number:
087 - 2524979

Prayers and Sympathy:

We offer our Prayers and sincere sympathy to the families of those who died in our Parish recently.

Fr. Declan Hennessy P.P.
Mallow
May He Rest in Peace.

EUCCHARISTIC HEALING HOUR OF ADORATION:

Every

Thursday night from

8 pm to 9 pm



CONFESSION TIMES:

Mitchelstown: Sat, Eves of Holydays & Eves of 1st Fridays.
12 noon to 1pm & 7pm to 7.30pm
Ballygiblin: 1st Friday 7 p.m.
Killaclug: before 1st Friday Mass.

MASS TIMES:

CHURCH OF OUR LADY CONCEIVED WITHOUT SIN, MITCHELSTOWN:

Sat & Eve of Holyday: 7.30pm
Sunday & Holyday: 8.30am 10.30am 12 noon & 7.30pm
1st Friday: 7.30pm - Weekday: 8.30 a.m. & 10 a.m.

Morning Prayer in Parish Church: Mon. to Fri. at 8am

Rosary in Parish Church:

Mon. to Sat. at 9.45am Before: 10am Mass

Perpetual Adoration: Sunday 12.30pm & Saturday 7.00pm

CHURCH OF THE HOLY FAMILY, BALLYGIBLIN:

Sunday & Holyday: 9.30am - 1st Friday: 7.30pm

ST. JOSEPH'S CHURCH, KILLACLUIG:

Sunday & Holyday: 10.30am - 1st Friday: 8.15pm

MITCHELSTOWN FLOWER & GARDEN CLUB

Evening outing to the gardens of **Brian & Rose Cross of Lakemount Glanmire**

On Thur 27th May

Leaving the Square at 6 p.m. sharp

For Further Details

Ring Nora 025 24138 or Ann 025 24791

May - The Month of Mary:

For the Month of May

There will be

Rosary every night at 8 p.m.

At the Grotto, Cahir Hill.

The North Cork Alzheimer's Society

Wish to thank everybody who supported the Tea Day,

Which was held at the Ozanam Centre recently.

Your help and generosity has been much appreciated.

ST FANAHAN'S COLLEGE, MITCHELSTOWN would like to invite you to an **INFORMATION EVENING ON ITS PLC COURSES** it is hosting in the college on **WEDNESDAY EVENING 26TH MAY AT 7 30 PM.**

For your information all courses can now be completed within one year. Courses available are as follows:

- Business, Administration and Secretarial studies (with ECDL)
- Childcare (with Special Needs)
- Craft
- Furniture Design
- Healthcare Assistants Training
- Horticulture
- Interior Design
- Retail
- Sports and Recreation (Caching)

If you are unable to attend, please contact the office on **025 24314** or stfanahanscollege@eircom.net

MITCHELSTOWN HAITAI APPEAL.

On behalf of the Irish Red Cross and The People of Haiti we would like to thank you all for the tremendous support through the financial contributions and prayers you have offered since the 7.0 magnitude earthquake hit Haiti on 12th January 2010.

The rainy season is now imminent and some 1.2 million people are living in temporary shelters. All these people continue to live in dire need of safe drinking water and access to sanitation and hygiene facilities.

Ireland has responded swiftly and decisively to the Haitian disaster and the generosity from the people of Mitchelstown is mirrored throughout Ireland considering the challenging times we find ourselves in.

Locally, through the fund which was launched by Liam White and Ian Malcolm in association with Mitchelstown Credit Union a staggering **€21,393.00** has been donated to this fund by the people of Mitchelstown and we would like to take this opportunity to thank most sincerely everyone who contributed to the fund which was opened by kind permission of Mitchelstown Credit Union especially all the individuals, groups and local organisations.

Thank You Ian Malcolm

IF I HAD MY CHILD TO RAISE OVER AGAIN.

If I had my child to raise over again,
I'd finger-paint more and point the finger less.
I'd do less correcting and more connecting.
I'd take my eyes off the water and watch with my eyes.
I would care to know less and know to care more.
I'd take more hikes and fly more kites.
I'd stop playing serious, and seriously play.
I'd run through more fields and gaze at more stars.
I'd do more hugging and less tugging.
I would be firm less often, and affirm much more.
I'd build self-esteem first, and the house later.
I'd teach less about the love power,
And more about the power of Love.