



**Mitchelstown & Fermoy Lourdes District Fund** wish to thank the parishioners of Mitchelstown and surrounding areas for their generous support of our recent Church Gate Collection. A Special word of thanks to all the collectors who gave their time generously.

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**VOLUNTEER IN AFRICA** – Humanitarian Volunteers are looking for volunteers to travel to East Africa in Sept 2014. The volunteers will work on a humanitarian project for two weeks. No experience required and no age restrictions. No large fundraising. Volunteers will pay their own costs. In addition, the Group will visit the resting place of the Venerable Edel Quinn during the mission. Contact Denis – 086 8520271.

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**Team Leaders and Collectors Required:** Barnardos Children's Charity are looking for Team Leaders to help coordinate a collection for Barnardos in Mitchelstown on Friday September 19<sup>th</sup> and help raise €100,000 for disadvantaged children and their families in communities around Ireland. For more information contact Sarah on 1850 222 300 or email [fundraising@barnardos.ie](mailto:fundraising@barnardos.ie)

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Get your Holiday Reading at the **Ozanam Shop**, Thomas Street. 025 84733. Fiction €2, Non-Fiction €1, Children's Books 50c. All proceeds go to the St. Vincent de Paul Society.

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In our Diocese, there has been an ever increasing desire for more substantial catechetical formation. This is in line with what is happening all over Ireland and is very much consistent with the impassioned prayer, which is taking place for the renewal of the Church in Ireland. As one young dad said recently, "I know I believe, but I am not always sure *why* I believe". In line with study groups already formed in Macroom and Blarney, I would like to bring your attention to two new groups which are commencing in September. In light of this, if you feel something of this nature would be of benefit, you are warmly invited to an information meeting on

- **Monday, September 1<sup>st</sup> from 7.30pm – 9.15pm at the Nano Nagle Centre in Ballygriffin, Killavullen.**
- **Wednesday, September 3<sup>rd</sup> from 7.30pm – 9.15pm at the Midleton Park Hotel in Midleton.**

An adult studies programme in the *Catechism of the Catholic Church* will commence shortly thereafter in Ballygriffin and in East Cork.

For more information, please contact Fr. Seán Corkery at [cloynewevangelisation@gmail.com](mailto:cloynewevangelisation@gmail.com)

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### **SUMMER CAMPS AT BRIGHT SPARKS**

FUN FILLED ACTIVITIES FOR ALL THE KIDS, AGE 12 MONTHS TO 10 YEARS

PRICES FROM €10. FOR BOOKINGS PLEASE CALL 025 86799 OR TEXT 086 2653839

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**SHAPE UP FOR SENIORS (OVER 55'S)** Why not join a Tone Up Class for seniors over 55's being conducted weekly at Tesco, Mitchelstown on Wednesdays 7-8pm. Based on improved mobility toning flexibility, fall prevention etc.

Contact 087.3589734

**MONSTER GALA DAY ALL PROFITS TO THE IRISH CANCER SOCIETY:** On **Sunday August 17<sup>th</sup> 2014** we will hold a **10K Fun Run** this is part of our Gala Day Events, Proceeds to the Irish Cancer Society. Registration is (€15p.p.) and this will take place at **T.O. Park., Community & Sports Complex, Labbamlogga, Knockadea.** On **Sat 16<sup>th</sup> August from 12-1pm & Sunday, 17<sup>th</sup> August ... From 11am to 12noon and the RUN will start at 12:30 Approx.** Leaving from T.O. Park, T-Shirts will be available while stock lasts only. It's a Flat Course, with water stations 2.5 mile MARK these will be marked... Your ENTRY will also include you for your T-Shirt while Stock lasts... Refreshments for all Participants... Prizes for first three HOME... Male & Female... and Prize for last one Home... Male & Female... All Monies Raised will go to the Cancer Society Ireland. This Route is fully Jones Counter Marked by Kilfinane AC. PLI Insurance will cover the complete Event on the Day but below are the terms and conditions of Liability. Terms & Conditions of this EVENT PLEASE READ CAREFULLY: All who compete in this event do so entirely at their own RISK, we accept no liability for any accident, injury, loss or damage sustained as a consequence of participation in the T.O. PARK, ROAD FUN RUN for The Irish Cancer Society... I would advise Participants if you are having any doubts as to your fitness or ability to take part in this 10K.FUN.RUN... please visit your GP or a suitably qualified health professional before taking part. If you are on inhalers etc we need to know. Thank you for your support. Registration Info contact Claire O'Brien Organizer, Mobile.087-3833335

**After the RUN the Gates to the Gala Day will open at 1-30pm**

1. Open Air Mass with Fr. Greene & GOSPEL BY DEAK RIVERS UK.2-45pm  
Weather permitting, otherwise everything goes in doors across at the Clubhouse/Barn etc
2. Various Stall will be there on the Day.
3. Pottery making for Kids with Pearse Pottery Cork
4. Face painting
5. Sports Day for the Kids by Park United Mitchelstown.
6. Mitchelstown School of Karate will give a DEMO
7. Bouncing Castles
8. Lots of Music including ROCK N ROLL with DAVE SHARKEY UK...SHEILA TOBIN will also be doing a special dance number at this event with Dave
9. Country Music with Social Dancing later on in the day by Liam Cantillon from Killeagh, Co. Cork
10. Vintage will also be there maybe some classic variety hopefully on the day
11. Food will be catered for by Galty Valley Catering at the very capable hands of Mary Casey, Wonderful Chef from Kilbehenny.
12. Best Dressed Lady & Gent Competition Prize on the day.
13. Big Monster Raffle, Great Prizes and you get one free ticket going in, for a special prize on the admission tickets, which are only €5 and STUDENTS €3.

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### **MITCHELSTOWN HEALTHY TOWN WALKING**

Every Tuesday safe guided walks are conducted from John Mandeville New Square at 7 pm covering 3 km -5 km routes. A good aerobic walk for 30 minutes will enhance physical and mental well being. Why not switch off the TV and invite family / friends to join in. It's all free for God's creatures in the fresh air.