

MASS TIMES:

CHURCH OF OUR LADY CONCEIVED WITHOUT SIN, MITCHELSTOWN:

Sat & Eve of Holyday: 7.30p.m. Sunday & Holyday: 8.30am. 10.30am. 12noon & 7.30p.m.

1st Friday: 7.30p.m. - Weekday: 8.30a.m. & 10a.m.

Morning Prayer in Parish Church: Mon. to Fri. at 8a.m.

Rosary in Parish Church: Mon. to Sat. at 9.45a.m. Before: 10a.m. Mass

Perpetual Adoration: Sunday 12.30p.m. & Saturday 7p.m.

Eucharistic Healing Hour of Adoration: Every Thursday night from 8p.m. to 9p.m.

CHURCH OF THE HOLY FAMILY, BALLYGIBLIN:

Sunday & Holyday: 9.30a.m. - 1st Friday: 7.30p.m.

ST. JOSEPH'S CHURCH, KILLACLUIG:

Sunday & Holyday: 10.30a.m. - 1st Friday: 8.15p.m.

CONFESSION TIMES:

MITCHELSTOWN: Saturday, Eves of Holydays: 12 - 1p.m. & 7p.m. - 7.30p.m.

1st Thursday of month: 12 - 1p.m. & 7p.m. - 7.30p.m.

NEW: After Saturday Evening Mass on the 1st Saturday of the month.

BALLYGIBLIN: 1st Friday 7p.m. **KILLACLUIG:** before 1st Friday Mass.

CLERGY:

V. Rev. Fr. Fitzgerald P.P. Phone: 025-84090. V. Rev. Canon O'Leary C.C. V.F. Phone: 025-84088

Rev. Fr. Greene C.C. Phone: 025-84077. Parish Office: 025-84062

E-MAIL: mitchelstownparishoffice@eircom.net **DEADLINE FOR THE NEWSLETTER IS 12 NOON WEDNESDAY**

Office Open: 9 am to 12 noon – Monday to Friday. Parish Website: www.mitchelstownparish.ie

Sick Call Phone Number: 087 - 2524979

HELP AND SUPPORT IN THE MITCHELSTOWN AREA

Your GP is an excellent place to start if you have a worry and can work with you or refer you to other health professionals

SOUTH DOC Out of hours 1850 33 59 99 **Living Health Clinic:** 025-52000

Gardaí, Mitchelstown 025 84833 **St. Vincent de Paul** 025-84733

MITCHELSTOWN CITIZEN'S INFORMATION CENTRE for all your information needs. Marian Hall, Convent Hill.

Opening Hours : Mon, Tue, Thurs, & Fri 10am-1pm,

Thursday 1.30pm – 4.30pm & Friday 7.30pm-9pm. No appointment necessary.

Tel: 0761 07 8030. **E-mail:** mitchelstown@citinfo.ie

Website: www.citizensinformation.ie

Money Advice & Budgeting Service (MABS) 0761 07 2440

1 Life - 24-hour Suicide Prevention Helpline: 1800 24 7100

Community Drugs Project Worker: Mary Mackesy 086 – 043 9702

Seniors Helpline (10am-1pm & 7-10pm) 1850 440 444

North Cork Domestic Violence: 022-53915 **Child line (24hr)** 1800 666 666

Social Welfare Office, Fermoy Tel.025-49010 Open: Mon-Fri 9.30-12.00 & 2.00-4.00

Community Welfare Officer, Mitchelstown. Tel. 025-84238

Alcoholics Anonymous: Meetings held in Marian Hall, Convent Hill, Mitchelstown every Tuesday night @ 8.45p.m. & every Sunday morning 11.30 a.m. to 12.30 p.m.

Gamblers Anonymous (GA) meeting in Mitchelstown every Monday night at 8pm.

Please contact GA on 087 2859552 for further details.

North Cork Alzheimer's Society (022) 43322 Monday to Friday 9am to 4pm

Mitchelstown Parish & Community Newsletter

Volume: 4

Issue: 49

Date: Sunday 5th May 2013

Gratitude:

The American people have a great holiday every November, they call it "Thanksgiving". It reminds the people of this great country to be grateful for the blessings they have received. It is a special gift of the Holy Spirit to be able to recognise the gifts and blessings of life, of health, of family etc. The grateful person is a happy person and is the kind of person that everyone wants to know. The grateful person knows how to express appreciation and makes no demands. The grateful person is very contented. The grateful person knows how to appreciate the beauty of creation, the changing of the seasons, the wind that blows and is able to hear the singing of the birds. The grateful person knows how to appreciate all the free gifts of life and is able to gratefully accept the gifts that come his / her way. The grateful person doesn't have time to worry, for he is a believer in the provident care of a loving God. As we prepare for Pentecost and the coming of the Holy Spirit, let us pray above all for the great gift of gratitude. Nothing gives more joy to a parent than a grateful child. Nothing gives more joy to God the creator, than our gratefulness for all He has given us.

The Bishop of Cloyne, Most Rev. William Crean, wishes to introduce the Permanent Diaconate in the Diocese of Cloyne. The Diaconate is open to married men aged between 30 and 60 years of age and to unmarried men aged between 35 and 60 years of age. For further information, please contact the Diocesan Director for the Permanent Diaconate. Rev. William Bermingham, P.P. Blarney. Tel: (021) 438 5105; (087) 656 1048; e-mail: williambermingham@eircom.net. www.catholicbishops.ie/diaconate

Fall (Joyce Alcantara)

You may see me struggle, but you won't see me fall.

Regardless if I'm weak or not I'm going to stand tall.

Everyone says life is easy, but truly living it is not.

Times get hard, people struggle and constantly get put on the spot.

I'm going to wear the biggest smile even though I want to cry.

I'm going to fight to live, even though I'm destined to die.

And even though it's hard and I may struggle through it all.

You see me struggle...you will NEVER see me fall.

FREE PRESCHOOL YEAR AT BRIGHT SPARKS: BOOKINGS now taken for SEPTEMBER 2013 intake. ECCE FUNDING for both MORNING and AFTERNOON CLASSES. If you would like to call or view our PRESCHOOL ENVIRONMENT, Please phone 025 86799 to arrange an appointment.

ST. JOSEPH'S YOUNG PRIESTS SOCIETY meeting this Monday,
13th May, At 7 p.m. In Marian Hall, Convent Hill.
New Members always welcome.

Bunny Hop classes for children 4 Saturday mornings commencing in May.
Active fun through song and dance. Meet with other children and enjoy the fun with your own child. COST €30
TIMES: Babies /Toddlers 10.30am Playgroup/preschool 11.15am Children with Additional needs 12.00pm. For more details or to book a place call/text 025 -86799 or 086-2653839

ROCK 'N' ROLL & COUNTRY SHOW – PINK UP NIGHT FOR CANCER:
Saturday, 18th May in the Firgrove Hotel. Deak Rivers – Buddy Holly & GI Elvis, Trina O'Reilly – Country & Modern, Route 66 – Country Mix, Dave Sharkey – 50's & 60's, South East Roll 'N' Roll Dancers. Tickets will be available at The Hotel Reception, also online at www.ticketgroup.ie, Xtravision outlets nationwide, and at the door on the night. Great Prize on the door ticket. Big Raffle with lots of great prizes – spot prizes also. So come and give us your support. Tickets include Entertainment and Finger Buffet €20. Join us for a great night of dancing – wear pink (optional). Doors open at 7pm. Charities to benefit: Breast Cancer and St. Joseph's Foundation.

HEALTHY TOWN:

Mitchelstown Healthy Town conducts **GROUP WALKS** every Tuesday from New Square at 7 pm. Leaders conduct walks from 3 km upwards for all ages. It is hoped that walks will expand as a social, physical and emotional amenity assist.
LADIES KEEP FIT resumes at St. Fanahan's Hall Tuesdays at 9.30am

Bealtaine Festival is the celebration of creativity in older age. We invite you or your group to hold an event to celebrate Bealtaine with us during the month of May. If you are interested please call Liz Fay in Mitchelstown Library on 025 41939 or email mitchelstown.library@corkcoco.ie

STARCAMP (as seen on Dragon's Den) - Calling all boys & girls aged 4-13 years to a fun-filled, non-competitive, week of singing dancing and drama where the building of self esteem in our children, is of paramount importance. Special family rates. Venue: Mitchelstown: St Fanahan's College. 15th – 19th July (9.30am-2.30pm). Booking: 021-4377900 or online www.starcamp.ie.

Ozanam Centre:

Microsoft Excel Spreadsheets: Monday night 27th May (5 nights).
Enquiries 025-85721
Paediatric First Aid: 15th & 22nd May 2013. 7.30pm - 10pm.
Enquiries to Eileen Maher 087-9270020

Presentation and CBS Secondary Schools cordially invite you to their joint school musical "**Back to the 80s**" in the CBS Hall on **Wednesday, May 15th to Friday May 17th inclusive.** Curtain up nightly at **8pm.** Tickets available from Presentation Secondary (Tel. 24394) and CBS (Tel. 24104), and Hyland's Bookshop, Centra and Supervalu Mitchelstown. Cost: Adult €10, child €5, family (2+2) €25.

FREE FAMILY TREE WORKSHOP
SATURDAY, 18TH MAY at 10am In MITCHELSTOWN LIBRARY

Tips & websites on how to trace your tree. Welcome to all.

Gathering Mitchelstown celebrate with Clans Meet, Music, School Reunions, Caves, Walks/Cycles/Runs, Faction Fight, Sports, Festivals, Tug-O-War, High Nelly Cycle, Old Style Dance, Irish Night, Point to Point, Talent Show, Dances, Tea Party, Mystery Tour, Carnival, Writers, Storytelling & Culture, Choirs, National Welly Throw, Heritage Week, Model Mania, Well Novena, Cemetery Tours: E-mail ideas to mitchelstowngathering@gmail.com
See Mitchelstown pages at facebook/mitchelstowngathering2013 / www.thegatheringireland.com / www.irelandxo.com.

An Post RÁS

Mitchelstown has been chosen to host the finish of stage number 5 in this year's An Post Rás. The visit of the Rás to Mitchelstown will be highly beneficial to our local economy, while also raising the national and international profile of our town. It will provide a thrilling spectacle and most importantly of all, it will attract young and old to the sport of cycle racing. Over 200 Cyclists will take part and we expect that hundreds of their supporters and families will converge on the town.

On **Thursday the 23rd of May 2013**, the cyclists will arrive in Mitchelstown between the hours of **2pm-3pm**. Traffic diversions will be in place from 2pm. Disruption will be kept to a minimum as these will only be in place while the Cyclists are coming through the town to the finish line just below the Post Office.

At 11.00am on the 23rd of May the Rás Organisers will be erecting barriers on Upper Cork Street. Parking restrictions will apply. Please be mindful of this if you own a vehicle. Parking will be available on the day at the mart on Georges Street, so anyone going about their daily business will not be disrupted.

On Friday the 24th of May at 11.00am the race will recommence traffic control measures will be in place while the Cyclists move off, these will be kept to a minimum. (Maximum time frame of twenty minutes)

The Rás coordinators in conjunction with the Gardai would ask you all, to kindly cooperate with these traffic management measures.

In 1976 the An Post Rás last visited Mitchelstown, in those 37 years so many things have changed but hopefully that does not include our pride in our town. We ask everyone to welcome the Cyclists, the Organisers, their Families and Supporters, and for all the local community to come out and enjoy the spectacle which is "An Post Rás 2013"

Rosary at the Grotto for May:

Rosary every evening at the Grotto of Our Lady on Cahir Hill. **The time of the Rosary each evening is at 8.00pm, except on Thursdays, when it will be at 7.30pm.** You are all invited to come any evening you can.