

CLERGY:

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DEADLINE FOR THE NEWSLETTER IS 10AM WEDNESDAY

Office Open: 9 am to 12 noon – Monday to Friday.

Parish Website: www.mitchelstownparish.ie

Fr. Burke is on Sick Call this week - Phone Number: 087 - 2524979

Celebrate Jesus with Rex Band: On Friday October 10th, a Youth Catholic Contemporary Christian Band will perform a two hour concert at the **Cork Opera House at 7.00pm**. They are known as the Rex Band, taking its name from Christus Rex, Christ the King. The young people present a vibrant, electric music and dynamic message and they celebrate the presence of Jesus, the King of Kings. In the last ten years the band has performed in over 800 venues around the world.

It began in the late 80s and early 90s with a group of young musicians in India, who experienced a life changing encounter with Jesus through the Jesus Youth Movement. This prompted many of them to ask God how they could use their talent for His glory. Today this outreach has grown into a worldwide ministry, featuring performers and artists with a distinctive talent in music. Online tickets www.corkoperahouse.ie Contact: Joel Jose: 087 1705177 or Sijo Jose 087 9077377

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Have your say - Soapbox Competition: Would you like to win an I Pad, be in with a chance to win €1,000 and a trip to Brussels? You are invited to have your say at this year's Europe Direct Soapbox Competition in Mallow Library on **Friday 17th October**. This year's topic is "The Internet does more harm than good". Mallow Library is one of nine Europe Direct Information Centres in Ireland, forming part of the Europe Direct Network. Each Europe Direct Centre will hold a regional final for this national soapbox competition to select two finalists, one in each category. The competition is divided into two categories one for participants age 18 and under and the second category for adults of 19 and over. Application forms and rules for the Soapbox competition are available at your local Europe Direct Information Centre in Mallow Library or online at www.europedirect.ie/soapbox-competition. Both finalists will each win an I Pad provided by the European Commission Representation in Ireland. Both finalists will then go on to represent Mallow EDIC in the national final in Dublin Castle in mid-November, where a first prize of €1,000 and a trip to Brussels will be presented. The Regional Final will take place in Mallow Library on Friday October 17th starting at 2pm. Please contact Mallow Library EDIC at mallow.library@corkcoco.ie or 022 21821 for further information and entry forms.

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Mitchelstown Friendship Club will hold their **Annual Quiz** on **Friday, 10th October** at **9pm** in **The Hunters Rest**. Your support would be greatly appreciated. For further details please contact Delia Tobin on (087) 0927878.

Mitchelstown Parish & Community Newsletter

Volume: 6 Issue: 17 Date: Sunday 5th October 2014

The Synod of Bishops: Catholic Bishops from all over the world will meet this week with Pope Francis, to reflect together on the serious issues affecting the family in today's world. Pope Francis has asked everybody to pray to the Holy Family; Jesus, Mary and Joseph, that the Synod can bring healing to the family and fulfil the beauty of God's plan for the family. The Synod will continue until October 19th and will conclude with the Beatification of Pope Paul VI, who first introduced the Synod of Bishops in 1975.

It is a good time to renew family prayer again, especially the family Rosary. As the family gathers together for the family meal, to pray together. A good suggestion is to light a candle, turn off the television and pray together, the Our Father, Hail Mary and Glory be. Encourage the children to ask God to bring an end to the hatred in the world and to grant us the gift of peace. Now is the time for all of us to make a space daily in our homes for God and for prayer.

Pope Francis & the Guardian Angels: Guardian Angels exist, they are not an imaginative doctrine, but our travelling companions, Pope Francis said recently. Pope Francis said, "If anyone believes that they can walk on their own, they would be greatly mistaken, they would fall into the terrible trap of arrogance, believing we are great, self-sufficient". Pope Francis continued: "According to the tradition of the Church, we all have an Angel with us, who protects us, helps us to hear things". How often have we heard: "I should do this, I should not do that, that's not right, be careful"? It is the voice of our travelling companion. The desire to be independent is something that we all have, this is arrogance, the same arrogance of our father Adam in paradise. Ask yourself the question today: How is my relationship with my Guardian Angel? Do I listen to him? Do I say good morning to him in the morning? Do I ask him: watch over me when I sleep? Do I speak with him? Do I ask his advice? He is by my side. How is our relationship with this Angel that the Lord has sent to watch over me and accompany me on my journey and who always sees the face of the Father who is in Heaven?"

5th October: Hope is not a "Spiritual consolation", a distraction from the serious tasks that require our attention, but a dynamic force liberating us from a fatalism and every obstacle in order to build a community of men and women, finally free from the usual chains of selfishness, inaction and injustice.

Take from the book: A Year With Pope Francis – Daily Reflections from his writings.

Ballygiblin National School Parents Council would like to thank everyone for supporting their recent Church Gate Collection.... A *date for your diary*: we are holding a **Fundraising Clothes Collection on 6th November 2014** at the school. More details closer to date.

The Sue Ryder Foundation, Mitchelstown: We are at present appealing for donations of clothes, Bric a Brac, shoes and toys. Also records, tapes, CDs, DVDs, bed linen and curtains. We are also looking for good quality furniture. Collection can be arranged. Please call in and see our new look store. We have an extensive range of Autumn/winter fashions. There are bargains to be had in all areas of the store. *Thank you for your continued support. The Sue Ryder Foundation.*

Courses at Ozanam Centre, Mitchelstown

New ECDL: Tuesday Nights, Thursday Mornings.

Web Design: Wednesday Nights. **Beginners Typing:** Thursday Nights

Details of all our courses can be viewed on our website www.ozanamcomputers.com

Queries: Phone 025 84733

Concert & Dance - Michael English & Band Firgrove Hotel Mitchelstown. **In aid of Fermoy Community Hospital. Thursday October 9th 2014.** Doors open 8 p.m. Music starts 9 p.m. Tickets are great value at €15, available from the Firgrove Hotel, Clongibbon House Hotel, Riordan's Supervalu Fermoy, Fermoy Hospital

Back to Education Initiative (B.T.E.I.) - Food & Deli Skills Course

Mondays & Tuesdays (over 3 weeks), 9.30am – 1.30pm

CHANGE OF DATE - Starts Monday November 3rd 2014

Course Outline: ♦ Basic Food Hygiene, Safety & Kitchen Hygiene. ♦ Produce Knowledge (fish, cheese, meats, salads & sauces), ♦ Deli Meats, ♦ Food Presentation Skills, ♦ Bakery, Cake Decoration & Scratch Baking. Venue: Q Centre, Mallow, Co. Cork
Priority given to: Those without Leaving Certificate. Those receiving any Social Welfare Payment, Medical Card or GP Only Card Holders.
To Apply contact the Q Centre - 022 55452/42322

FUN CLUB EACH MONDAY FOR PRESCHOOLERS: Lets your child have a play date with other children of same age. Activities include Baking / Cooking, Gardening, P.E./Exercises, Music & Dance. Children arrive at 12.15pm, where they have their dinner, followed by different planned activities each week. Price €14 includes dinner and materials. 12.15pm to 2.15pm at BRIGHT SPARKS CHILDCARE CENTRE MITCHELSTOWN 025-86799 or 086-2653839

T.O. Park Social Dancing – back again each Monday night 8-10.30pm. All welcome. **Big Musical Evening in Lovely Shraherla Church** with the famous Tipperary Gospel Choir and guests, **Friday, October 17th at 8.00pm.** Don't miss this once off unique occasion. Tickets €10 out shortly.

Ballindangan Monday Morning Club: On Monday October 6th the club will visit Carmel's Garden Centre, Kilworth, where all in attendance will be shown how best to plant bulbs in both pots and gardens. Please note that we meet at Carmel's Garden Centre at 10.20am.

Youth 2000 Mitchelstown: Youth 2000 Mitchelstown is now changing its meeting time to Friday nights, 8-10pm, in the Town Hall. Youth 2000 Mitchelstown is part of an international movement of young Catholics, who have discovered the joy and beauty of their Catholic faith and want to help other young people to discover it too. Youth 2000 Mitchelstown meets weekly for prayer, music, reflection and a cup of tea and a chat afterwards! Youth 2000 is a fantastic way to get to know other young Catholics and learn more about your Catholic faith, and is always open to newcomers from 16 - 35 years of age. For more information on the local prayer meeting or upcoming retreats, festivals and social events, check out the Youth Section of the Parish Website or go to www.youth2000.ie

Liam's Lifts is a community based transport service which aims to solve the transport difficulties that members of our community often face when they need to attend oncology appointments and treatments in Cork City. This service is provided on a voluntary basis by members of our community who recognise the need for this service and want to help solve the problem. Liam's Lifts is running in the Fermoy / Mitchelstown area and we hope to be in a position to expand throughout North Cork in the future. **How it works?** To ensure that our passengers have the least level of disruption, we collect each passenger from their own home. Our volunteer drivers then drive to the hospital or clinic where the treatment or appointment is arranged, wait until this is completed and then drive our passenger back to their home. **Is there a cost involved?** Yes, due to the expenses that are incurred in driving to and from Cork, and also to cover the running costs of Liam's Lifts, a contribution of €15 per trip applies, up to a maximum cost of €50 per week. **How do I avail of this service?** If you think that Liam's Lifts would be useful for you or someone you know, please contact your G.P., the Information Office in the hospital that you are attending or you can ring us directly at any time on **(086) 7257218** or e-mail us at liamslifts@hotmail.com

BEGINNING EXPERIENCE is a specially designed Support Programme for men and women who have suffered the loss of a spouse by death, separation or divorce to work through the grief process, and to discover for themselves that merely "existing" in life can be transformed into "living" a new life, though a different one. The next weekend is being held in the **Ennismore Retreat Centre, Cork from Friday 17th October to Sunday 19th October, 2014.** For Application Forms and further details please contact 087 9886480 or email beginningexperience@gmail.com

Catechesis of the Good Shepherd: This is an innovative approach to the religious formation of children both spiritually and educationally. It is grounded in sacred scripture, the liturgy of the Church and the spiritual and educational principles of Dr. Marie Montessori. It respects the relationship between God and the child and nourishes that relationship. Using concrete materials (such as 3D figures) the children are introduced to a biblical text or a liturgical moment. The Catechesis of the Good Shepherd allows children to experience and know Jesus and the faith we profess at a deeper level. **As of October 10th 2014 and every Friday during the school terms,** the Catechesis of the Good Shepherd will take place in the **Town Hall** at the following times: 3.00pm – 4.00pm for Children aged four to eight. Limited number of places available so if you want your child to be part of this experience please contact Angela Kelleher on 0879597623. To learn more about this method log onto www.cgs.ie

MITCHELSTOWN TODDLER GROUP are having a **Coffee Morning on Thursday 23rd October** in the foyer of Supervalu from 10am to 1pm to raise money for the Toddler group.