

**NATIONAL ADULT LITERACY AWARENESS WEEK:**

September 6<sup>th</sup> to 10<sup>th</sup> 2010.

If you would like help improving your Reading, Writing and Maths.

Contact: Freephone NALA 1800 20 20 65

Or local contact: (086) 8238733

**A DRUG AWARENESS DAY** will take place in **Tesco store in Mitchelstown on Thursday 9th September from 11-00am to 5-00pm.** Mairead Cleary (Drug awareness Community officer) will be on hand to answer any questions, queries or concerns you might have on the day. For further information contact Liz Downes Tesco Community Champion  
On 089-4378550 or 025-86015

**Girl Guides.**

Guides will **re-open on Wednesday 29th September from 6-00 to 7-00 and from 7-00 to 8-00pm.** for further details contact Liz Downes on 087-7689875

**T.O. PARK, LABBAMOLOGGA,**

Will host a **FUNDRAISING BINGO** in aid of **Kilfinane Athletics Club**

**& St. Joseph's Foundation Charleville**

**ON TODAY, SUNDAY 5<sup>TH</sup> SEPTEMBER AT 2.30 P.M.**

Raffle on the day, Tea & Refreshments.

All Welcome Please Pass the Word for this Great Cause.

Your Support Is Greatly Appreciated.

Free Bus from the Square, Mitchelstown at 1.45 p.m.

**Mitchelstown Macra**

Well done to our member of Michael O' Mahony from Ballindangan who reached the FINAL 21 of the FBD Young Farmer of the Year Competition. Michael had his final interview last Tuesday morning in The Tower Hotel in Waterford. Well done to Michael. He put in a huge effort and did Mitchelstown Macra proud. We wish all the best to the winner of the competition. Our sports night will kick off this Tuesday September 7th at 8pm in Ballindangan Hall. Indoor soccer will be the sport on the night. Everyone is welcome to attend at a cost of €3 per person. Hope to see you there. If you would like to join Mitchelstown Macra, why not check us out on www.facebook.com/MitchelstownMacra. We are always looking for new members. For more info contact 087-1485999. We look forward to hearing from you.

Newsletter printed in the: **Parish Office, Convent Hill, Mitchelstown, Co. Cork.**

E-mail: [mitchelstownparishoffice@eircom.net](mailto:mitchelstownparishoffice@eircom.net) Phone or Fax: 025 / 84062

**DEADLINE IS 12 NOON, WEDNESDAY**

Open: 10 a.m. to 12 noon - Mon. to Fri.

**MITCHELSTOWN PARISH & COMMUNITY  
NEWSLETTER**

**The Stress of Unemployment**

*One of the great benefits of the so called "Celtic Tiger" was the availability of employment. We know now that a lot of it was false, but it was fantastic to see everybody having the opportunity of work. Unemployment is hard to cope with, as well, of course, as the loss of income. Employment is a blessing in so many different ways. It is much easier to be looking for a job when you are already in a job. It is so easy to lose confidence when you meet a lot of refusals. Many, many people are trying to manage this situation in their lives, at present as well as the effect it has on the whole family. But, if you are unemployed at the moment, remember you are not alone. Keep your expectations at a practical level and avail of all the help and support that is being given. While you are in this situation it is an opportunity to do things for yourself*

**WOULD YOU LIKE HELP IN READING THE BIBLE?**

Beginning next **Tuesday morning** in the **Marian Hall**, I will begin a series of classes on reading the Bible. The class will **begin at 10.30 a.m. and finish at 11.30 a.m.** If you have a Bible bring it, otherwise a Bible will be provided.

**SPECIAL FRIENDS - FAMILY FUN DAY:**

**NEXT SATURDAY SEPTEMBER 11<sup>TH</sup> AT 2 P.M. IN ABBEY FARM, BRIGOWN.**

Congratulations to Mitchelstown Gaelic footballers on their great win on Sunday last, every success in the county.

**CLERGY:**

Rev. Fr. Fitzgerald P.P.  
Phone: 025-84090  
Canon O'Leary  
Phone: 025-84088  
Fr. Greene  
Phone: 025-84077  
Parish Office: 025-84062

**Priest on Sick call this**

**week is:**

**Fr. Greene C.C.  
Sick Call Contact  
Phone Number:  
087 - 2524979**

***Prayers and  
Sympathy:***

We offer our Prayers  
and sincere sympathy  
to the families of  
those who died in our  
Parish recently.

Maura McGrath,  
Liam Lynch Park.

May she Rest in Peace

**EUCHARISTIC  
HEALING HOUR OF  
ADORATION:**

Every

Thursday night from  
8 pm to 9 pm



**CONFESSION TIMES:**

**Mitchelstown:** Sat, Eves of Holydays & Eves of 1<sup>st</sup> Fridays.  
12 noon to 1pm & 7pm to 7.30pm  
**Ballygiblin:** 1<sup>st</sup> Friday 7 p.m.  
**Killacluig:** before 1<sup>st</sup> Friday Mass.

**MASS TIMES:**

**CHURCH OF OUR LADY CONCEIVED WITHOUT SIN,  
MITCHELSTOWN:**

Sat & Eve of Holyday: 7.30pm  
Sunday & Holyday: 8.30am 10.30am 12 noon & 7.30pm  
1<sup>st</sup> Friday: 7.30pm - Weekday: 8.30 a.m. & 10 a.m.  
**Morning Prayer in Parish Church:** Mon. to Fri. at 8am  
**Rosary in Parish Church:**

Mon. to Sat. at 9.45am Before: 10am Mass

**Perpetual Adoration:** Sunday 12.30pm & Saturday 7.00pm

**CHURCH OF THE HOLY FAMILY, BALLYGIBLIN:**

Sunday & Holyday: 9.30am - 1<sup>st</sup> Friday: 7.30pm

**ST. JOSEPH'S CHURCH, KILLACLUIG:**

Sunday & Holyday: 10.30am - 1<sup>st</sup> Friday: 8.15pm

**Cork Simon Community** held their annual  
Mitchelstown Church Gate Collection on Saturday  
21<sup>st</sup> August and Sunday 22<sup>nd</sup> August. We would like  
to thank Fr. Fitzgerald P.P. for allowing us to hold  
the collection, those who gave up their time to  
organise the collection and everyone who  
contributed. A massive €1,269.58 was raised and  
will be used to help provide services for homeless  
people in Cork.

**MARIE KEATING FOUNDATION  
MOBILE CANCER INFORMATION SERVICE**

What we do: - Our aim is to educate, inform and  
emphasise the importance of early detection and self  
awareness. We have take home information leaflets on  
each of the key cancers and our trained nurse can  
provide the public with practical advice on healthy  
lifestyle choices People are welcome to speak in  
confidence to our nurse and our service is free of  
charge. Our mobile unit & nurse will be at;

**Abbey Pharmacy - Tesco Supermarket  
Friday, 9<sup>th</sup> September - 10.30am to 4.00pm**

**AUTUMN/WINTER COURSES 2010**

**OZANAM RESOURCE CENTRE  
MITCHELSTOWN Tel 025 84733**

**COURSE TITLE START DATE**

**Art:** Pencil, Acrylic, Water and Oils Wednesday  
nights, 29<sup>th</sup>. Sept. 7.00 -9.00 pm. 8 sessions

**Practical First Aid** Monday 27<sup>th</sup>. September  
6 weeks 7.30 - 9.30pm. Tutors from Irish Red Cross

**Holistic Therapy Course with 'Pauline'** Tuesday  
night 28<sup>th</sup>. September 5 sessions 8.00 - 9.30pm.

**Cookery:** including light cooking and Home  
Baking, plus lots more. Wednesday night, 29<sup>th</sup>.

September 7.00-9.00 pm 8 sessions

**Women's Optimum Health Care with Jackie  
Hooton** 087-1365689 Using stress release

techniques. Good nutrition plan, exercise for  
flexibility and much more. Thursday 21<sup>st</sup>. October

7.30 - 9.00pm. 5 sessions. Cost €80.00

**Style on a Budget by 'Pure Beauty with Marie'  
with Marie O'Keeffe I.T.E.C. N.V.Q.II. V.T.E.C.**

Wed. nights, 4 sessions. 29<sup>th</sup>. Sept 7.30-9.30pm

**English** for Non-English speakers **Beginner's  
Classes.**

Monday night, 20<sup>th</sup>. September 7- 9pm 10 weeks

**Children's Art Classes** 18<sup>th</sup>. September, Saturday  
mornings

2 groups, based on age. 10.00am

**W.O.W Work opportunities for Women.** With  
Ballyhoura Development

Tuesdays and Thursdays, starting Sept 7<sup>th</sup>. 10.00am  
- 1.00pm. Contact Joe Biggane 087 4151051

**Ozanam Active Retirement Group Every  
Wednesday 2.30pm - 5.00pm**

For all over 50's - men and women New members  
always welcome

**Activities:** Art, Crafts, Social Outings, Cookery,  
Cards, Board games plus lots more

**Weightwatchers** Every Monday night, 7.00pm

**Other Services available:**

**Social Welfare Officer:** Every Tues from 9.30am

**FAS Officer:** 3<sup>rd</sup>. Wednesday of the month from  
9.30am

**M.A.B.S** (Money Advice and Budgeting Service):  
Thursdays

Registration is essential for all Courses

All enquiries to the Ozanam Resource Centre,  
Mitchelstown. **Tel. 025-84733**

**SHAPE UP CLASSES** working

upper body and lower body  
exercises. Starting in Ballygiblin  
G.A.A old school on Monday 6th  
Sept @ 8.00pm and Wed  
morning @ 9.15.a.m.

Each class 6 wks cost €50.

Contact Sandra @ (086)2625964

***Galtee Harriers Hunt Club***

Are running a

**FUN RIDE**

In aid of Ballygiblin National  
School

**On Sunday September 19<sup>th</sup>**

**Starting from Ballygiblin**

**Cross, at 12.30 p.m.**

For further information please  
contact: Liam O'Doherty

At (087) 2667138

**Mitchelstown Carmelite Lourdes  
Mass**

Has been changed to

**September 18<sup>th</sup>**

Please note the change of date.

**BALLYHOURA MACRA NA  
FEIRME**

Upcoming events: Impromptu  
Debating, Sept. 10<sup>th</sup> in The  
Crossroads Bar, Buttevant; 7  
aside gaelic football Sept. 12<sup>th</sup>  
at 2p.m. in Mallow; Impromptu  
Public Speaking & Know Your  
Agriculture Quiz in the  
Crossroads Bar, Buttevant on  
Sept. 17<sup>th</sup> at 8p.m.; Bowling  
Oct. 2<sup>nd</sup> in The Planet,  
Blackpool. To get involved in any  
of the above events contact  
Gráinne on 087-7799218.